

Mustard Seeds Academy

November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST (BLUE) LUNCH (GREEN) SNACK (RED)				1 Breakfast-Pigs in blanket, apples, milk Lunch-Pizza, corn nuggets, pineapples, milk Snack-Juice, graham crackers
4 Breakfast-WG waffles, apples, milk Lunch-Meatball alfredo, pintos, peaches, milk, roll Snack-Juice, WG PB crackers	5 Breakfast-WG cheese toast, applesauce, milk Lunch-Chicken bites, mashed potatoes, oranges, milk, roll Snack-Juice, veggies/ranch	6 Breakfast-WG French toast sticks, blueberries, milk Lunch-Chicken/rice, black beans, applesauce, milk Snack-Juice, WG goldfish	7 Breakfast-WG cereal, bananas, milk Lunch-Turkey & cheese sandwich, corn chips, pears, pickle, milk Snack-Juice, pretzels	8 Breakfast-Pancakes, strawberries, milk Lunch-Pizza, corn, pineapples, milk Snack-Juice, WG cheese its
11 CLOSED Veterans Day	12 Breakfast-WG cheese toast, pineapples, milk Lunch-Mini corn dogs, baked beans, oranges, milk, bread Snack-Juice, yogurt/fruit	13 Breakfast-WG French toast sticks, blueberries, milk Lunch-Chicken tacos, corn, peaches, milk Snack-Juice, apples, peanut butter	14 Breakfast-WG cereal, bananas, milk Lunch-PB&J sandwich, corn chips, pears, pickle, milk Snack-Juice, pretzels	15 Breakfast-Pancakes, apples, milk Lunch-Pizza pasta bake, salad/ranch, pineapples, milk Snack-Juice, WG goldfish
18 Breakfast-WG waffles, apples, milk Lunch-Mac & beefaroni, green beans, peaches, milk, bread Snack-Juice, WG PB crackers	19 Breakfast-WG cheese toast, applesauce, milk Lunch-Cheeseburgers, Tater tots, oranges, milk Snack-Juice, WG Chex mix	20 Breakfast-WG French toast sticks, blueberries, milk Lunch-Grilled nuggets, pintos, apples, milk, roll Snack-Juice, WG cheese its	21 Breakfast-WG cereal, bananas, milk Lunch-Chicken sandwich, corn chips, pears, pickle, milk Snack-Juice, yogurt/fruit	22 Breakfast- Muffins, strawberries, milk Lunch-Turkey, dressing, green beans, potatoes, cranberry sauce, milk, roll Snack-Juice, pretzels
25 Breakfast-WG waffles, apples, milk Lunch-Chicken bites, mashed potatoes, peaches, milk, bread Snack-Juice, graham crackers	26 Breakfast-WG cheese toast, applesauce, milk Lunch-Fish, green beans, oranges, milk, bread Snack-Juice, WG Chex mix	27 Breakfast-WG French toast sticks, blueberries, milk Lunch-Mini hot dogs, baked beans, pineapples, milk Snack-WG goldfish	28 CLOSED for Thanksgiving	29 CLOSED for Thanksgiving