

MUSTARD SEEDS ACADEMY

JANUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>BREAKFAST (BLUE) LUNCH (GREEN) SNACK (RED)</p>		<p>1</p> <p>CLOSED New Years Day</p>	<p>2</p> <p>Breakfast-WG cereal, bananas, milk Lunch- PB&J sandwich, corn chips, pears, pickle, milk Snack-Juice, WG goldfish</p>	<p>3</p> <p>Breakfast-Muffins, applesauce, milk Lunch-Pizza, corn nuggets, oranges, milk Snack-Juice, Graham crackers</p>
<p>6</p> <p>Breakfast-WG waffles, apples, milk Lunch-Meatball alfredo, green beans, pears, milk, roll Snack-Juice, Cheese its</p>	<p>7</p> <p>Breakfast-WG cheese toast, applesauce, milk Lunch-Chicken & rice, black beans, oranges, milk Snack-Juice, Yogurt/fruit</p>	<p>8</p> <p>Breakfast-WG French toast sticks, blueberries, milk Lunch-Fish, fresh veggies, peaches, milk, bread Snack-Juice, Chex mix</p>	<p>9</p> <p>Breakfast-WG cereal, bananas, milk Lunch-Turkey/cheese sandwich, corn chips, pears, milk Snack-Juice, Pretzels</p>	<p>10</p> <p>Breakfast-WG pancakes, apples, milk Lunch-Pizza bake, salad/ranch, pineapples, milk Snack-Juice, PB crackers</p>
<p>13</p> <p>Breakfast-WG waffles, apples, milk Lunch-Steak fingers, mashed potatoes, pears, milk, roll Snack-Juice, Graham crackers</p>	<p>14</p> <p>Breakfast-WG cheese toast, applesauce, milk Lunch-Biscuits/gravy, eggs, tatertots, bananas, milk Snack-Juice, Veggies/ranch</p>	<p>15</p> <p>Breakfast-WG French toast sticks, blueberries, milk Lunch-Chicken tacos, corn, oranges, milk Snack-Juice, Pretzels</p>	<p>16</p> <p>Breakfast-WG cereal, bananas, milk Lunch-PB&J sandwich, corn chips, pears, pickle, milk Snack-Juice, Chex mix</p>	<p>17</p> <p>Breakfast-Muffins, strawberries, milk Lunch-Pizza, corn nuggets, pineapples, milk Snack-Juice, Cheese its</p>
<p>20</p> <p>Closed MLK/Robert E. Lee</p>	<p>21</p> <p>Breakfast-WG cheese toast, applesauce, milk Lunch-Chicken noodle soup, corn, oranges, crackers/cheese, milk Snack-Juice, WG goldfish</p>	<p>22</p> <p>Breakfast-WG French toast sticks, blueberries, milk Lunch-Mini corn dogs, baked beans, peaches, milk Snack-Juice, Yogurt/fruit</p>	<p>23</p> <p>Breakfast-WG cereal, bananas, milk Lunch-Ham/cheese croissant, fresh veggies, pears, milk Snack-Juice, PB crackers</p>	<p>24</p> <p>Breakfast-WG pancakes, apples, milk Lunch-Pizza, salad/ranch, pineapples, milk Snack-Juice, Chex mix</p>
<p>27</p> <p>Breakfast-WG waffles, apples, milk Lunch-Pot roast, potatoes/carrots, mashed potatoes, pears, milk, roll Snack-Juice, Pretzels</p>	<p>28</p> <p>Breakfast-WG cheese toast, applesauce, milk Lunch-Sloppy Joes, tatertots, oranges, milk Snack-Juice, Cheese its</p>	<p>29</p> <p>Breakfast-WG French toast sticks, blueberries, milk Lunch-Bbq chicken, sweet potato fries, peaches, milk, roll Snack-Juice, veggies/ranch</p>	<p>30</p> <p>Breakfast-WG cereal, bananas, milk Lunch-PB&J sandwich, corn chips, pears, pickle, milk Snack-Juice, WG goldfish</p>	<p>31</p> <p>Breakfast-Muffins, strawberries, milk Lunch-Pizza, corn, pineapples, milk Snack-Juice, Cheese crackers</p>